



Conducting internet searches about cancer CAM therapies results in a wealth of information and can often be overwhelming. The websites included on this page provide credible, reliable, and frequently updated information you can discuss with your health care providers. Remember to talk with your health care providers before beginning any new therapies or treatments.

### **National Cancer Institute (NCI)**

#### **Thinking About Complementary and Alternative Medicine: A Guide for People with Cancer**

- A free NCI booklet for patients and caregivers that provides guidance on how to choose CAM therapies and practitioners, questions to ask your doctor, and additional CAM resources.
- To order a copy, visit: <https://pubs.cancer.gov/ncipl/detail.aspx?prodid=P042> or call **1-800-4-CANCER (1-800-422-6237)** and mention the book title or inventory number (P042).

#### **Office of Cancer Complementary and Alternative Medicine (OCCAM)**

- Oversees NCI's projects in CAM.
  - Provides patients with information on specific cancer CAM therapies, tips for talking to health care providers, and frequently asked CAM questions.
- Visit: <http://cam.cancer.gov>

#### **Fact Sheets**

- Provide frequently updated information on a variety of cancer topics including prevention and treatment.
- Visit: <http://www.cancer.gov/cancertopics/factsheet>

#### **Cancer Information Service (CIS)**

- Trained cancer communication professionals provide real-time answers to questions about cancer.
  - Provides help finding NCI information and printed materials on the Internet.
  - Gives referrals to clinical trials and certain cancer-related services.
- Visit: <http://www.cancer.gov/aboutnci/cis>  
Chat online: [https://livehelp.cancer.gov/app/chat/chat\\_launch](https://livehelp.cancer.gov/app/chat/chat_launch)  
Toll-free: **1-800-4-CANCER (1-800-422-6237)**

#### **NCI Clinical Trials**

- Search cancer CAM clinical trials.  
Visit: <http://www.cancer.gov/clinicaltrials/search/results?protocolsearchid=6791991>
- Search all clinical trials.  
Visit: <http://www.clinicaltrials.gov>

#### **NCI Publications Locator**

- An online system for finding, viewing, and ordering NCI reports, publications, and other materials.  
Visit: <https://pubs.cancer.gov/ncipl/home.aspx?js=1>

#### **NCI-Designated Cancer Centers**

- Universities and cancer research centers, located throughout the United States that conduct NCI-supported research and turn promising laboratory discoveries into new treatments for cancer patients.  
Visit: [https://cancercenters.cancer.gov/cancer\\_centers/index.html](https://cancercenters.cancer.gov/cancer_centers/index.html)

### **Physician Data Query (PDQ®) Information Summaries**

- Regularly updated information on cancer types, screening, treatment, and CAM.  
Visit: <http://www.cancer.gov/cancertopics/pdq>

### **National Institutes of Health (NIH)**

- Promotes, conducts, and supports scientific research to improve the health of the Nation.  
Visit: <http://www.nih.gov/>

### **National Center for Complementary and Alternative Medicine (NCCAM)**

- NIH center that supports CAM research and provides information to health providers and the public about CAM for all disease types.  
Visit: <http://nccam.nih.gov>  
Toll-free: 1-888-644-6226 / TTY: 1-866-464-3615

### **National Library of Medicine**

- **Medline Plus** provides access to reliable health information, including articles, organizations, directories, and answers to health questions.  
Visit: <http://medlineplus.gov>
- **PubMed** is a free and easy-to-use search tool for finding scientific articles.  
Visit: <http://www.ncbi.nlm.nih.gov/PubMed>
  - Searches on PubMed can also be narrowed to CAM-specific research.  
Visit: <http://nccam.nih.gov/research/camonpubmed>

### **Office of Dietary Supplements (ODS)**

- NIH office that provides information about dietary supplements, including background information and ongoing scientific research.  
Visit: <http://ods.od.nih.gov/>
- Access *My Dietary Supplements*, a free mobile application (app) to track dietary and nutritional supplement use.  
Visit: <http://ods.od.nih.gov/HealthInformation/mobile/aboutmyds.aspx>

### **Food and Drug Administration (FDA)**

- Oversees the safety of drugs and medical devices.  
Visit: <http://www.fda.gov>  
Toll-free: 1-888-INFO-FDA (1-888-463-6332)